

INFORMATION AND BOOKING

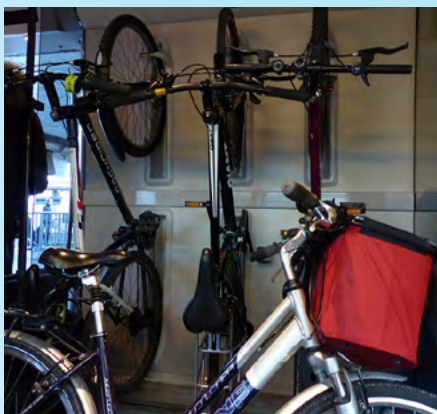
SNCF :

- at ticket offices - via the [SNCF-connect](#) website - via the SNCFconnect smart-phone app - by phone 3635.

Trainline - by Internet: [trainline.fr](#)

- For more comprehensive information on timetables in France [snCF.com](#).

The most comprehensive site is that of [Deutsche Bahn](#), although it is not very intuitive. But it offers very useful information.



TRAINS AND BIKES ARE GOOD FOR THE CLIMATE.

The combination of train and bike is good for the climate and the environment. It's the right choice for saving energy, reducing pollution and greenhouse gas emissions, and limiting the waste of natural space.

SOME ADVICE

- arrive early to avoid the crowd on stations and platforms.
- on the train, get ready before you alight, place your bike by the door.
- getting on with your fellow travellers remain friendly and smiling.
- remove your panniers so as not to get in the way, do not place your bike against a toilet or an access door.
- if you tie up your bike, don't block other cyclists, stay close by.
- if the bike rack is invaded by passengers or luggage, defend your rights briefly but firmly.
- on escalators, make sure to apply the brakes and allow your bike to move backwards a little after you start. If your bike is heavily loaded, remove the panniers.
- if the lift is too small, put it on its rear wheel.
- on the platform, when the train arrives, wave to the driver to let him know you're there.
- be aware of other passengers on platforms and in stations and walk pushing your bike.
- if the bike is too heavy to be placed on the hooks, or on the stairs, ask other passengers for help.
- in the event of a dispute, [contact us](#)

CYCLOTRANSEUROPE is working to build the Scandibérique, the section of Eurovélo 3 in France, to develop cycle tourism and to promote environmental friendly transport.

TRAVELLING BY TRAIN WITH HIS BIKE IN FRANCE



Juillet 2023



PRACTICAL GUIDE

[eurovelo3.fr](#)

DISASSEMBLED BIKE

You can travel on almost all trains in France and Europe, including TGVs, provided you remove at least the front wheel and carry a cover (maximum dimensions 130 x 90 cm). Folding bicycles are permitted and considered as luggage.

On certain trains where the number of luggage is limited, there is a charge for disassembled/folded bicycles (TGV-Ouigo and Ouigo-Classique €5).

BICYCLE NOT DISASSEMBLED IN THE TGV



Bicycles can be taken on board TGVs to the Grand-Est region. The same applies from Paris to the Atlantic and Brittany, as well as on the Paris-Lyon TGVs. And on the Strasbourg-Marseille-Nice line. On peak days, bicycle reservations are suspended. There are no longer any TGVs open to bicycles in the North.



To find out whether a TGV accepts bikes, click on add and choose add a bike to filter trains. Reserving a bicycle space is compulsory on TGV trains and must be done at the same time as the passenger's ticket. It costs €10. The exchange/return conditions are the same.

Ouigo trains do not take bicycles that have not been disassembled.



ON REGIONAL TRAINS



Most regions have introduced compulsory reservation for bikes during the summer period on some lines (except in Pays-de-Loire Provence-Alpes-Côte-d'Azur,

Hauts-de-France). Rules and fares vary from region to region. Reservations must be made on the TER websites (except Normandy).

TERs with long routes take bicycles on board: Paris-Nancy-Strasbourg - Paris-Mulhouse - Clermont-Ferrand-Nîmes - Saint-Nazaire-Nantes-Saint-Pierre-des-Corps-Orléans (more than 80 spaces) - Paris-Dijon-Lyon. In Alsace, bicycles are not allowed on TER200 Strasbourg-Basel between 6:30-8:00am and 4:30-6:00pm.

In Ile-de-France region, bikes are allowed on all trains (SNCF and RATP), including the RER in Paris, except fMonday to Friday (6:30-9:30am and 4:30-7:30pm).

ON INTERCITES

Intercités are subject to compulsory reservation for passengers and bicycles under the same conditions as the TGVs: €10 (Paris-Clermont-Ferrand - Bordeaux-Marseille - Paris-Limoges-Toulouse).

On the Bordeaux-La Rochelle-Nantes - Nantes- Tours-Lyon Intercités, a bicycles space costs €5. It is free on the Clermont-Ferrand-Millau-Béziers line.

The night Intercités Paris-Briançon, Paris-Marseille-Nice, Paris-Toulouse-Perpignan, Paris-Tarbes-Hendaye have a bicycle compartment (2 or 4 spaces) but not the Paris-Rodez and Paris-Latour-de-Carol.

The OUIGO-Classiques Paris-Versailles-Le-Mans/Juvisy-Blois/Nantes and Paris-Melun-Dijon-Lyon services have 16 spaces for bicycles, which must be booked in advance (€10).

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ON INTERNATIONAL TRAINS



To Great Britain, the transport of bicycles is suspended on Eurostar trains. To Belgium, the Netherlands, and North Germany, Thalys trains do not carry bicycles.

The Lille-Tournai, Lille-Courtrai and Maubeuge-Charleroi trains operated by SNCB take bicycles on board. Tickets are available on the train (€4), at Belgian stations and online.

To Germany and Luxembourg, unassembled bicycles are not allowed on TGV and ICE trains. TER trains bordering Germany and Luxembourg accept them. The Paris-Strasbourg-Vienna night train does not.

TGV Lyria Paris-Genève and Paris-Zurich trains to Switzerland no longer have bicycle spaces. TER trains take bicycles on all routes to Switzerland.

To Italy, SNCF and Trenitalia high-speed trains are closed to bicycles that have not been disassembled.

TGV trains to Spain do not accept bicycles that have not been disassembled.



BON VOYAGE